



| Maandag       | Pupillenveld (Kleine kunstgrasveld)                                         |    |             |           |                                                          |    |               |            |
|---------------|-----------------------------------------------------------------------------|----|-------------|-----------|----------------------------------------------------------|----|---------------|------------|
| TIJD          | Voor links                                                                  | KL | Voor rechts | KL        | Achter links                                             | KL | Achter rechts | KL         |
| 16:00 - 16:30 |                                                                             |    |             |           |                                                          |    |               |            |
| 16:30 - 17:00 |                                                                             |    |             |           |                                                          |    |               |            |
| 17:00 - 17:30 |                                                                             |    |             |           |                                                          |    |               |            |
| 17:30 - 18:00 |                                                                             |    |             |           |                                                          |    |               |            |
| 18:00 - 18:30 | MO10-2                                                                      |    |             | 3 (links) | MO10-1                                                   |    |               | 3 (rechts) |
| 18:30 - 19:00 |                                                                             |    |             |           |                                                          |    |               |            |
| 19:00 - 19:30 | MO15-1 (oneven weken)<br>MO15-2 (even weken)<br>(Training tot 20:15)        |    |             | 1         | MO17-1 (even)<br>MO17-2 (oneven)<br>(Training tot 20:15) |    |               | 8          |
| 19:30 - 20:00 |                                                                             |    |             | 2         |                                                          |    |               | 10         |
| 20:00 - 20:30 |                                                                             |    |             |           |                                                          |    |               |            |
| 20:30 - 21:00 | Vr25+ (Vanaf 20:15)<br><br>(ZaVr2 (trainen hier als Vr25+ wedstrijd heeft)) |    |             |           |                                                          |    |               | 5          |
| 21:00 - 21:30 |                                                                             |    |             |           |                                                          |    |               |            |
| 21:30 - 22:00 |                                                                             |    |             |           |                                                          |    |               |            |
| 22:00 - 22:30 |                                                                             |    |             |           |                                                          |    |               |            |

| Maandag       | Veld 3 (gewoon gras)                                                                   |    |              |    |             |    |               |    |
|---------------|----------------------------------------------------------------------------------------|----|--------------|----|-------------|----|---------------|----|
| TIJD          | Links voor                                                                             | KL | Links achter | KL | Rechts voor | KL | Rechts achter | KL |
| 16:30 - 17:00 | <div style="text-align: center; font-weight: bold; font-size: 1.2em;">AFGEKEURD!</div> |    |              |    |             |    |               |    |
| 17:00 - 17:30 |                                                                                        |    |              |    |             |    |               |    |
| 17:30 - 18:00 |                                                                                        |    |              |    |             |    |               |    |
| 18:00 - 18:30 |                                                                                        |    |              |    |             |    |               |    |
| 18:30 - 19:00 |                                                                                        |    |              |    |             |    |               |    |
| 19:00 - 19:30 |                                                                                        |    |              |    |             |    |               |    |
| 19:30 - 20:00 |                                                                                        |    |              |    |             |    |               |    |
| 20:00 - 20:30 |                                                                                        |    |              |    |             |    |               |    |
| 20:30 - 21:00 |                                                                                        |    |              |    |             |    |               |    |
| 21:00 - 21:30 |                                                                                        |    |              |    |             |    |               |    |
| 21:30 - 22:00 |                                                                                        |    |              |    |             |    |               |    |
| 22:00 - 22:30 |                                                                                        |    |              |    |             |    |               |    |



| Dinsdag       | Pupillenveld (Kleine kunstgrasveld) |           |              |            |               |    |                      |            |
|---------------|-------------------------------------|-----------|--------------|------------|---------------|----|----------------------|------------|
| Tijd          | Voor links                          | KL        | Voor rechts  | KL         | Achter links  | KL | Achter rechts        | KL         |
| 16:00 - 16:30 |                                     |           |              |            |               |    |                      |            |
| 16:30 - 17:00 |                                     |           |              |            |               |    |                      |            |
| 17:00 - 17:30 |                                     |           |              |            |               |    |                      |            |
| 17:30 - 18:00 |                                     |           |              |            |               |    |                      |            |
| 18:00 - 18:30 | <b>JO8-1</b>                        | 3 (links) | <b>JO8-2</b> | 3 (rechts) | <b>JO11-2</b> |    |                      | 4 (rechts) |
| 18:30 - 19:00 |                                     |           |              |            |               |    |                      |            |
| 19:00 - 19:30 | <b>JO15-1</b> (oneven weken)        |           |              |            |               |    | (Training tot 20:15) | 1          |
| 19:30 - 20:00 | <b>JO15-2</b> (even weken)          |           |              |            |               |    |                      | 2          |
| 20:00 - 20:30 | <b>ZaH4*</b> (Training vanaf 20:15) |           |              |            |               |    |                      |            |
| 20:30 - 21:00 |                                     |           |              |            |               |    |                      |            |
| 21:00 - 21:30 |                                     |           |              |            |               |    |                      |            |
| 21:30 - 22:00 |                                     |           |              |            |               |    |                      |            |
| 22:00 - 22:30 |                                     |           |              |            |               |    |                      |            |

| Dinsdag       | Veld 3 (gewoon gras)                                                                   |    |              |    |             |    |               |    |
|---------------|----------------------------------------------------------------------------------------|----|--------------|----|-------------|----|---------------|----|
| TIID          | Links voor                                                                             | KL | Links achter | KL | Rechts voor | KL | Rechts achter | KL |
| 16:30 - 17:00 | <div style="text-align: center; font-weight: bold; font-size: 1.2em;">AFGEKEURD!</div> |    |              |    |             |    |               |    |
| 17:00 - 17:30 |                                                                                        |    |              |    |             |    |               |    |
| 17:30 - 18:00 |                                                                                        |    |              |    |             |    |               |    |
| 18:00 - 18:30 |                                                                                        |    |              |    |             |    |               |    |
| 18:30 - 19:00 |                                                                                        |    |              |    |             |    |               |    |
| 19:00 - 19:30 |                                                                                        |    |              |    |             |    |               |    |
| 19:30 - 20:00 |                                                                                        |    |              |    |             |    |               |    |
| 20:00 - 20:30 |                                                                                        |    |              |    |             |    |               |    |
| 20:30 - 21:00 |                                                                                        |    |              |    |             |    |               |    |
| 21:00 - 21:30 |                                                                                        |    |              |    |             |    |               |    |
| 21:30 - 22:00 |                                                                                        |    |              |    |             |    |               |    |
| 22:00 - 22:30 |                                                                                        |    |              |    |             |    |               |    |



\*Keepers in de kleedkamers van hun eigen team

|  |                                                                                    |
|--|------------------------------------------------------------------------------------|
|  | <b>MO15-1</b> (even weken)<br><b>MO15-2</b> (oneven weken)<br>(Training tot 20:15) |
|  | <b>ZoH3 &amp; H35+</b><br>(Training vanaf 20:15)                                   |

# AFGEKEURD!

# AFGEKEURD!



\*Keepers in de kleedkamers van hun eigen team

| Donderdag | Oefenboek boven (gewoon gras) |            |    |              |    |             |    |               |    |
|-----------|-------------------------------|------------|----|--------------|----|-------------|----|---------------|----|
|           | Tijd                          | Links voor | KL | Links achter | KL | Rechts voor | KL | Rechts achter | KL |
|           | 16:30 - 17:00                 | AFGEKEURD! |    |              |    |             |    |               |    |
|           | 17:00 - 17:30                 |            |    |              |    |             |    |               |    |
|           | 17:30 - 18:00                 |            |    |              |    |             |    |               |    |
|           | 18:00 - 18:30                 |            |    |              |    |             |    |               |    |
|           | 18:30 - 19:00                 |            |    |              |    |             |    |               |    |
|           | 19:00 - 19:30                 |            |    |              |    |             |    |               |    |
|           | 19:30 - 20:00                 |            |    |              |    |             |    |               |    |
|           | 20:00 - 20:30                 |            |    |              |    |             |    |               |    |
|           | 20:30 - 21:00                 |            |    |              |    |             |    |               |    |
|           | 21:00 - 21:30                 |            |    |              |    |             |    |               |    |
|           | 21:30 - 22:00                 |            |    |              |    |             |    |               |    |
|           | 22:00 - 22:30                 |            |    |              |    |             |    |               |    |

| Donderdag     |            | Veld 3 (gewoon gras) |              |    |             |    |               |    |  |
|---------------|------------|----------------------|--------------|----|-------------|----|---------------|----|--|
| TIJD          | Links voor | KL                   | Links achter | KL | Rechts voor | KL | Rechts achter | KL |  |
| 16:30 - 17:00 | AFGEKEURD! |                      |              |    |             |    |               |    |  |
| 17:00 - 17:30 |            |                      |              |    |             |    |               |    |  |
| 17:30 - 18:00 |            |                      |              |    |             |    |               |    |  |
| 18:00 - 18:30 |            |                      |              |    |             |    |               |    |  |
| 18:30 - 19:00 |            |                      |              |    |             |    |               |    |  |
| 19:00 - 19:30 |            |                      |              |    |             |    |               |    |  |
| 19:30 - 20:00 |            |                      |              |    |             |    |               |    |  |
| 20:00 - 20:30 |            |                      |              |    |             |    |               |    |  |
| 20:30 - 21:00 |            |                      |              |    |             |    |               |    |  |
| 21:00 - 21:30 |            |                      |              |    |             |    |               |    |  |
| 21:30 - 22:00 |            |                      |              |    |             |    |               |    |  |
| 22:00 - 22:30 |            |                      |              |    |             |    |               |    |  |



| Vrijdag       | Pupillenveld (Kleine kunstgrasveld)                                  |    |             |    |              |    |               |           |
|---------------|----------------------------------------------------------------------|----|-------------|----|--------------|----|---------------|-----------|
| Tijd          | Voor links                                                           | KL | Voor rechts | KL | Achter links | KL | Achter rechts | KL        |
| 16:00 - 16:30 |                                                                      |    |             |    |              |    |               |           |
| 16:30 - 17:00 |                                                                      |    |             |    |              |    |               |           |
| 17:00 - 17:30 |                                                                      |    |             |    |              |    |               |           |
| 17:30 - 18:00 |                                                                      |    |             |    |              |    |               |           |
| 18:00 - 18:30 | Groenlinkjes                                                         |    |             |    |              |    |               | 1 meisjes |
| 18:30 - 19:00 |                                                                      |    |             |    |              |    |               | 2 jongens |
| 19:00 - 19:30 | Twents regio team<br>(als er H35+ toernooi en/of Vr25+ wedstrijd is) |    |             |    |              |    |               | 10        |
| 19:30 - 20:00 |                                                                      |    |             |    |              |    |               |           |
| 20:00 - 20:30 |                                                                      |    |             |    |              |    |               |           |
| 20:30 - 21:00 |                                                                      |    |             |    |              |    |               |           |
| 21:00 - 21:30 |                                                                      |    |             |    |              |    |               |           |
| 21:30 - 22:00 |                                                                      |    |             |    |              |    |               |           |
| 22:00 - 22:30 |                                                                      |    |             |    |              |    |               |           |

| Vrijdag       | Veld 3 (gewoon gras)                                                                   |    |              |    |             |    |               |    |
|---------------|----------------------------------------------------------------------------------------|----|--------------|----|-------------|----|---------------|----|
| TIID          | Links voor                                                                             | KL | Links achter | KL | Rechts voor | KL | Rechts achter | KL |
| 16:30 - 17:00 | <div style="text-align: center; font-weight: bold; font-size: 1.2em;">AFGEKEURD!</div> |    |              |    |             |    |               |    |
| 17:00 - 17:30 |                                                                                        |    |              |    |             |    |               |    |
| 17:30 - 18:00 |                                                                                        |    |              |    |             |    |               |    |
| 18:00 - 18:30 |                                                                                        |    |              |    |             |    |               |    |
| 18:30 - 19:00 |                                                                                        |    |              |    |             |    |               |    |
| 19:00 - 19:30 |                                                                                        |    |              |    |             |    |               |    |
| 19:30 - 20:00 |                                                                                        |    |              |    |             |    |               |    |
| 20:00 - 20:30 |                                                                                        |    |              |    |             |    |               |    |
| 20:30 - 21:00 |                                                                                        |    |              |    |             |    |               |    |
| 21:00 - 21:30 |                                                                                        |    |              |    |             |    |               |    |
| 21:30 - 22:00 |                                                                                        |    |              |    |             |    |               |    |
| 22:00 - 22:30 |                                                                                        |    |              |    |             |    |               |    |